Poison Centre News

March 12, 2024

# National Poison Prevention Week Theme: Empowering Canada for a safer tomorrow!

#### March 17-23, 2024

In recognition of the upcoming National Poison Prevention Week (March 17-23, 2024), Ontario Poison Centre (OPC) is joining with Parachute and organizations across Canada to promote a pan-Canadian theme for Poison Prevention Week – Poison Prevention: Empowering Canada for a safer tomorrow.

Each year, more than 4,000 Canadians lose their lives due to poisoning and annual unintentional poisoning deaths have now surpassed transport-related deaths in Canada. With many potential poisons – such as medications, household cleaners and cannabis products – in and around the home, it's important to know how to safely store these items and what to do in the event of a poisoning.

Follow us for Poison Prevention information and local participation in Manitoba during National Poison Prevention Week.

- X (@SharedHealthMB)
- Facebook (Sharedhealthmb)
- Instagram (sharedhealthmb)

During National Poison Prevention Week, look for hashtags **#EmpowerPoisonPrevention** (Canada) and **#NPPW2024** (North America) to stay up to date with messages and activities taking place related to poison prevention.

Check out the Manitoba Poison Centre website (<u>www.manitobapoison.ca</u>) for great resources to help families stay safe:

### Common Poisons Section

- Browse through a searchable list of household products to learn more about their poison risk, and what to do if someone has been exposed.
- Learn about the top 10 most common household exposures in 2022, separated by age group.
- Check out the poison storage checklist, made by our friends at Parachute (Canada national charity dedicated to injury prevention).

### For Families Section

- Learn about poison prevention strategies you can use in your home.
- Visit our cannabis hub to learn about why cannabis is more dangerous for children than for adults, and what you can do to prevent an unintentional poisoning from occurring.

#### Additional Resources

\*Including all three sites- Ontario, Manitoba and Nunavut Poison Centres

• Check out the About Kids Health Poison Hub https://www.aboutkidshealth.ca/poisonprevention

Remember: If an unintentional poisoning occurs, contact your local poison centre:

## Manitoba: 1-844-764-7669

For a full list of Canadian Poison Centre Numbers: <u>Canadian Association for Poison Centres and</u> <u>Clinical Toxicology</u>